



Justin Altschuler, MD, MS

Founder, Sequoia MD

Medical Director, DYF: Diabetes Youth Families

Dr. Justin Altschuler is the founder of Sequoia MD, a direct care practice focused on type 1 diabetes, substance use disorders, and primary care. He also serves as the medical director for DYF: Diabetes Youth Families, an organization that serves children and families impacted by type 1 diabetes. He brings a holistic approach to patients, working with each patient to address the behaviors and patterns of thought that drive chronic disease process and management. Dr. Altschuler received his BA from Dartmouth College, medical degree at UCSF, and post-graduate training at UCD. He is board certified in Family Medicine and Addiction Medicine. When not working, Dr. Altschuler enjoys spending time in the mountains hiking and skiing, spending time with friends and family, and climbing rocks.