A Continuing Medical Education Conference presented by the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine.

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CONFERENCE LOCATION
Paul Brest Hall, Munger Building 4
555 Salvatierra Walk, Stanford, CA 94305
(650) 723-4230
http://cyberlaw.stanford.edu/maps-paul-brest-hall

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CONTACT INFORMATION
For questions about the symposium, please contact Debbie Aube, Meeting Planning Specialist, at 650-724-5318 or debbie.aube@stanford.edu

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Welcome Message from the Course Director

We find ourselves at a fascinating time – pushing the envelope on psychiatric treatments, including psychedelic-assisted psychotherapy, rapid-acting agents, and more. As we move forward, this conference emphasizes the need for high-quality research, scientific/empirical evidence, and safeguards against adverse effects and outcomes.

Additionally, we need the scholarly efforts of all relevant fields and interprofessional collaborations. This CME activity will cover emerging treatment areas in psychiatry including the related basic science, benefits, risks and clinical trial evidence.

We look forward to seeing you there!

Regards,

Alan K. Louie, MD, Professor, Associate Chair of Education
Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
Deputy Associate Chief of Staff for Education in Psychiatry, VA Palo Alto Health Care System

Learning Objectives
At the conclusion of this activity, participants should be able to:

• Evaluate emerging therapeutics in psychiatry
• Analyze the risk, benefits, and clinical trial evidence relating to emerging therapeutics in psychiatry
• Determine the clinical application of emerging therapeutics in psychiatry and consider FDA approval and off label uses.

Faculty

All faculty members are from Stanford University School of Medicine unless otherwise noted.

Course Director
Alan K. Louie, MD
Professor, Associate Chair, Director of Education
Department of Psychiatry and Behavioral Sciences

Guest Faculty
Brian Anderson, MD, MSc
Assistant Professor, Department of Psychiatry
University of California, San Francisco
San Francisco, CA

Roland R. Griffiths, PhD
Professor in the Department of Psychiatry and Neurosciences; Director, Center for Psychedelic and Consciousness Research
Johns Hopkins University School of Medicine
Baltimore, MD

Charles Grob, MD
Professor of Psychiatry & Biobehavioral Sciences and Pediatrics; Director of the Division of Child and Adolescent Psychiatry at Harbor UCLA Medical Center
Los Angeles, CA

Victoria Hale, PhD
Consultant, MacArthur Fellow, National Academy of Medicine
University of California, San Francisco
San Francisco, CA

Janis Phelps, PhD
Professor, East West Psychology, Director, The Center for Psychedelic Therapies and Research
California Institute of Integral Studies
San Francisco, CA

Berra Yazar-Klosinski, PhD
Director of Research Development & Regulatory Affairs
Multidisciplinary Association for Psychedelic Studies
Santa Cruz, CA

Stanford Faculty

Charles DeBattista, DHM, MD
Professor of Psychiatry and Behavioral Sciences

Boris D. Heifets, MD, PhD
Assistant Professor of Anesthesiology, Perioperative and Pain Medicine

Anna Lembke, MD
Associate Professor, Psychiatry and Behavioral Sciences; Associate Professor (by courtesy), Anesthesiology, Perioperative and Pain Medicine

Alan K. Louie, MD
Professor of Psychiatry and Behavioral Sciences

Michael J. Ostacher, MD, MPH, MMSc
Professor of Psychiatry and Behavioral Sciences

Carolyn Rodriguez, MD, PhD
Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult) and, by courtesy, of Obstetrics and Gynecology (Maternal Fetal Medicine)

Natalie Rasgon, MD, PhD
Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult) and, by courtesy, of Obstetrics and Gynecology (Maternal Fetal Medicine)

Victoria Hale, PhD
Professor, East West Psychology, Director, The Center for Psychedelic Therapies and Research

Trisha Suppes, MD, PhD
Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult)

Nolan Williams, MD
Assistant Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology)

Keynote speakers

Charles Grob, MD
Professor in the Departments of Psychiatry and Neurosciences; Director, Center for Psychedelic and Consciousness Research
Johns Hopkins University School of Medicine
Baltimore, MD

Janis Phelps, PhD
Consultant, MacArthur Fellow, National Academy of Medicine
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Baltimore, MD

Victoria Hale, PhD
Consultant, MacArthur Fellow, National Academy of Medicine
University of California, San Francisco
San Francisco, CA

Rapid-Acting Agents in Psychopharmacology
Charles DeBattista, DMH, MD

Psychedelic-Assisted Group Psychotherapy:
Example of Treating Demoralization in AIDS Survivors
Brian Anderson, MD, MSc

Psychedelics: A New Treatment Model for the 21st Century?
Charles Grob, MD

Psychedelic Research in Psychiatry: Panel Discussion
Trisha Suppes, MD, PhD and other speakers

Psychological: A New Treatment Model for the 21st Century?
Charles Grob, MD

SPEAKERS

Alan K. Louie, MD
Professor, Associate Chair of Education
Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
Deputy Associate Chief of Staff for Education in Psychiatry, VA Palo Alto Health Care System

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Michael J. Ostacher, MD, MPH, MMSc
Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences) at the Palo Alto Veterans Affairs Health Care System

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Assistant Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology)

PROGRAM

Subject to change

Saturday, March 21, 2020 • 8:00 am – 5:30 pm • Paul Brest Hall, Munger Building 4, Stanford University

7:00 – 8:00 am

Registration and Continental Breakfast

8:00 – 8:15 am

Pushing the Envelope in Drug Development
Alan K. Louie, MD

8:15 – 8:45 am

Buprenorphine: Risks of Uses
Michael J. Ostacher, MD, MPH, MMSc

8:45 – 9:15 am

Cannabidiol: What Research Tells Us
Anna Lembke, MD

9:15 – 9:45 am

Rapid-Acting Agents in Psychopharmacology
Charles DeBattista, DMH, MD

9:45 – 10:00 am

Break

10:00 – 10:30 am

Recent Research findings in Ketamine and Obsessive-Compulsive Disorder
Carolyn Rodriguez, MD, PhD

10:30 – 11:30 am

Psilocybin: History, Neuropharmacology, and Potential Clinical Applications
Roland R. Griffiths, PhD

11:30 am – 12:00 pm

Psychedelic-Assisted Group Psychotherapy: Systematic Review and Example of Treating Demoralization in AIDS Survivors
Brian Anderson, MD, MSc

12:00 – 12:45 pm

Lunch

12:45 – 1:15 pm

MDMA: Translating Mechanism into Safer Therapy
Boris D. Heifets, MD, PhD

1:15 – 1:45 pm

Clinical Development of the Evidence Base of MDMA-Assisted Psychotherapy, a Breakthrough-Designated Treatment for PTSD
Berra Yazar-Klosinski, PhD

1:45 – 2:45 pm

Psychedelics: A New Treatment Model for the 21st Century?
Charles Grob, MD

2:45 – 3:15 pm

Psychedelic Research in Psychiatry: Panel Discussion
Trisha Suppes, MD, PhD and other speakers

3:15 – 3:30 pm

Break

3:30 – 4:00 pm

Ayaahuasca: The Drug Development Journey
Victoria Hale, PhD

4:00 – 4:30 pm

Psychotherapy Training for Psychedelic Researchers and Therapists
Jans Pelps, PhD

4:30 – 5:00 pm

Hypnosis and Transcranial Magnetic Stimulation (rTMS)
Nolan Williams, MD

5:00 – 5:30 pm

Neurosteroids, Brexanolone and Post-Partum Depression
Natalie Rasgon, MD, PhD

5:30 pm

Adjourn