38th Annual
UCLA Intensive Course in
Geriatric Medicine
& Board Review

September 14-17, 2022
Live Virtual Conference
COURSE OVERVIEW

For the past 38 years, the UCLA Intensive Course in Geriatric Medicine has been a leader in providing physicians, pharmacists and other health professionals the essential knowledge and skills to care for older patients. The four-day course and board review in geriatric medicine emphasizes an evidence-based, practical and functional approach to the comprehensive care of older adults. The content and structure of the course are well-suited for health professionals who wish to enhance their ability to care for older adults, as well as for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

The 38th Annual UCLA Intensive Course is presented concurrently with the 2022 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.

- Speaker presentations and supplementary materials are provided in a PDF syllabus.
- Over five hours of optional interactive board review sessions are offered.
- Access to view recorded sessions for 4 weeks post course (not certified for CME credit).

LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Discuss key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems related to aging and formulate an approach to these problems
- Recognize the major geriatric syndromes such as dementia, delirium, incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them
- Create individualized medication regimens for medically complex older adults to address appropriate health outcomes

TARGET AUDIENCE

This program has been designed for geriatricians, internists, primary care and family medicine clinicians, hospitalists and intensivists, pharmacists, and other interested healthcare providers.

MESSAGE FROM CO-DIRECTORS

The rapid scientific advances in geriatric medicine and recent changes in our health care and health systems that emphasize quality of care over volume makes this the best time to be an expert in the care of older persons. The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. The course’s renowned faculty will cover essential topics in both geriatric primary and specialty care. The course will be held virtually due to the restrictions on large gatherings. However, we promise plenty of interactive opportunities with faculty and peers. We are also offering registrants extended access to the lectures up to 3 weeks after the course.
Course Chairs

Course Co-Directors
Dan Osterweil, MD, FACP
Associate Director, UCLA Multicampus Program in Geriatric Medicine and Gerontology
Clinical Professor of Medicine/Geriatric Medicine*

Co-Chairs
Cathy A. Alessi, MD
Director, Gerassi Research, Education and Clinical Center (GRECC) and Chief, Division of Geriatrics, VA Greater Los Angeles Healthcare System
Professor of Medicine/Geriatric Medicine*

Demetra Antimisiaris, PharmD, BCGP, FASCP
Director, Frazier Polypharmacy & Medication Management Program
Associate Professor, University of Louisville School of Medicine

Sarah Kremen, MD
Director, Neurobehavior Program, Jona Goldrich Center for Alzheimer's Disease and Memory Disorders
Department of Neurology
Cedars-Sinai Medical Center

Cathy C. Lee, MD, MS
Associate Clinical Professor, Internal Medicine/Geriatric Medicine*
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

Susan L. Charette, MD
Health Sciences Clinical Professor of Medicine/Geriatric Medicine*

Pejman Cohan, MD
Jeffrey L. Cummings, MD, ScD
Deena Goldwater, MD, PhD
Tatyana Gurvich, PharmD, BCGP
Jennifer C. Haley, MD
Arash A. Horizon, MD

Mitra Nejad, MD
Michelle Panililio, DNP, GNP-BC
Stephanie Pannell, MD, MPH
Antonio M. Pessegueiro, MD
Anjay Rastogi, MD, PhD
Kemi Reeves, GNP-BC
David B. Reuben, MD
Gary Schiller, MD, FACP
Latisha Katie Sharma, MD, FAHA
Ryan Uyan, MD
Tara Vijayan, MD
Karol E. Watson, MD, PhD
Jane E. Weinreb, MD
James Wilson, MD, MS, FACP
Valerie Wong, MD
Angela Yeh, MD

Guest Faculty
Sarah Kremen, MD
Martina Meier, MD
VJ Periyakoil, MD
Zaldy Tan, MD, MPH
Jürgen Unützer, MD, MPH, MA

*David Geffen School of Medicine at UCLA
**Program Schedule**

**Wednesday, September 14, 2022**

7:00  Welcome and Introductions  
*Dan Osterweil, MD, FACP and Susan L. Charette, MD*

**General Principles of Aging**  
*Moderator: Susan L. Charette, MD*

7:10  Physiology of Aging  
*Zaldy Tan, MD, MPH*

7:45  Resilience: Maximizing Momentum as We Age  
*Steven Castle, MD*

8:20  Pharmacokinetic Considerations in Older Adults  
*Demetra Antimisiaris, PharmD, BCGP, FASCP*

8:55  AM Panel Discussion (LIVE)  
*Panel: Drs. Tan, Castle, and Antimisiaris*

9:10  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

**Concurrent Sessions A and B**

9:25  (Session A) Explicit Criteria and Medication Appropriateness  
*Tatyana Gurvich, PharmD, BCGP*

9:25  (Session B) Preventative Health Care in the Geriatric Patient: What are We Trying to Prevent?  
*Erin Atkinson Cook, MD*

10:00  Pulmonary Diseases in Older Persons  
*Eric Kleerup, MD*

10:35  AM Panel Discussion (LIVE)  
*Panel: Drs. Gurvich, Cook, and Kleerup*

10:50  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

11:20  David H. Solomon Memorial Award Lecture: The Impact of Unconscious Bias on Care of Older Adults  
*VJ Periyakoil, MD*

12:05  David H. Solomon Lecture Q&A (LIVE)  
*VJ Periyakoil, MD*

12:20  Kahoot! Geriatrics Trivia Game (LIVE) (Non-CME)  
*Ryan Uyan, MD*
### Program Schedule

**Falls and Musculoskeletal**  
*Moderator: Dan Osterweil, MD, FACP*

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
<th>Title</th>
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<tbody>
<tr>
<td>12:50</td>
<td><strong>Falls: Assessment and Management</strong></td>
<td>David A. Ganz, MD, PhD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<tr>
<td>1:25</td>
<td><strong>Geriatric Rehabilitation</strong></td>
<td>Dixie Aragaki, MD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<td>2:00</td>
<td><strong>PM Panel Discussion (LIVE)</strong></td>
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<td>Panel: Drs. Ganz, Aragaki, and Horizon</td>
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<td>2:35</td>
<td><strong>BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</strong></td>
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<td>3:05</td>
<td><strong>Nutrition Throughout the Ages</strong></td>
<td>Zhaoping Li, MD, PhD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<td>3:40</td>
<td><strong>Type 2 Diabetes Mellitus</strong></td>
<td>Pejman Cohan, MD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<td>4:15</td>
<td><strong>Geriatric Literature Update: 2022</strong></td>
<td>Arun S. Karlamangla, MD, PhD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<td>4:50</td>
<td><strong>PM Panel Discussion (LIVE)</strong></td>
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<td>Panel: Drs. Li, Cohan, and Karlamangla</td>
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<td>5:05</td>
<td><strong>ADJOURN</strong></td>
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**Thursday, September 15, 2022**

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<th>Time</th>
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<th>Speaker</th>
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<tr>
<td>6:30</td>
<td><strong>VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</strong></td>
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<tr>
<td>7:00</td>
<td><strong>Medical Issues in Older Patients, Part 1</strong></td>
<td>Susan L. Charette, MD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<tr>
<td>7:35</td>
<td><strong>Prostate Disease</strong></td>
<td>Stephanie Pannell, MD, MPH</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<td>8:10</td>
<td><strong>Urinary Incontinence</strong></td>
<td>Ja-Hong Kim, MD</td>
<td>Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis (Arash A. Horizon, MD)</td>
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<tr>
<td>8:45</td>
<td><strong>AM Panel Discussion (LIVE)</strong></td>
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<td>Panel: Drs. Ghassemi, Pannell, and Kim</td>
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<td>9:00</td>
<td><strong>BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</strong></td>
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“This is about the 10th time I have attended this course and I have always learned something new and have been able to apply it to my Geriatric practice. It also is an excellent preparatory step in getting me ready to take my recertification in Geriatrics.

—2019 Attendee"
9:15  Endocrine Disorders in Older Persons  
Jane E. Weinreb, MD

9:50  Geriatric Dermatology  
Jennifer C. Haley, MD

10:25  Chronic Kidney Diseases  
James Wilson, MD, MS, FACP

11:00  AM Panel Discussion (LIVE)  
Panel: Drs. Weinreb, Haley, and Wilson

11:15  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

CARDIOVASCULAR CONDITIONS  
Moderator: Dan Osterweil, MD, FACP

11:45  Hypertension in Older Adults  
Anjay Rastogi, MD, PhD

12:20  Atrial Fibrillation  
Karol E. Watson, MD, PhD

12:55  Update in the Management of Heart Failure  
Freny Vaghaiwalla Mody, MD

1:30  PM Panel Discussion (LIVE)  
Panel: Drs. Rastogi, Watson, and Mody

1:45  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

2:00  Perioperative Assessment in the Older Patient  
Antonio M. Pessegueiro, MD

2:35  Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging  
Deena Goldwater, MD, PhD

Drs. Dan and Erna Osterweil Award for Innovation in Geriatric Medicine

This award is designed to recognize UCLA faculty or staff for innovation.

AWARDEES:

Leslie Evertson  
DNP, RN, GNP-BC

Winnila May Escalante  
ANP-C, ANP-BC

Michelle Panillilio  
DNP, GNP-BC

Kemi Reeves  
GNP-BC

* Dementia Care Specialists, UCLA Alzheimer's and Dementia Care Program
3:10 PM Panel Discussion (LIVE)
   Panel: Drs. Pessegueiro and Goldwater

3:25 Dan and Erna Osterweil Awardee Lecture: Innovations in Geriatric Care
   Leslie Evertson, DNP, RN, GNP-BC, Michelle Panililio, DNP, GNP-BC, Kemi Reeves, GNP-BC, and Winnila May Escalante, ANP-C, ANP-BC

3:55 Dan and Erna Osterweil Awardee Lecture Q&A (LIVE)

4:00 Board Review Session A for Physicians (LIVE)
   Valerie Wong, MD

5:45 ADJOURN

FRIDAY, SEPTEMBER 16, 2022

6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

MEDICAL ISSUES IN OLDER PATIENTS, PART 2
Moderator: Cathy C. Lee, MD, MS

7:00 Hematologic Disease in the Elderly
   Gary Schiller, MD, FACP

7:35 Breast, Lung, and Colon Cancer: Tips for a Longer Life
   Arash Naeim, MD

8:10 Palliative Care in the Older Patient
   Martina Meier, MD

8:45 AM Panel Discussion (LIVE)
   Panel: Drs. Schiller, Naeim, and Meier

9:35 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:50 Taking Care of Patients with COVID-19: A Living Document
   Tara Vijayan, MD

10:25 Infections in the Older Persons
   Tara Vijayan, MD

11:00 Vision Loss in the Elderly
   Mitra Nejad, MD

11:35 AM Panel Discussion (LIVE)
   Panel: Drs. Vijayan and Nejad

12:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

COMMON GERIATRIC ISSUES
Moderator: Cathy A. Alessi, MD

12:40 Geriatric Pain Management
   Angela Yeh, MD

“This is one of the best courses I have ever attended: amazing depth and breadth of topics, all helpful to my daily practice of geriatric medicine.

— 2019 Attendee"
Program Schedule

1:15  
**Osteoporosis: An Overview**  
*Carolyn J. Crandall, MD, MS*

1:50  
**Assessing and Managing Pressure Ulcers**  
*Barbara Bates-Jensen, PhD, RN, FAAN*

2:35  
**PM Panel Discussion (LIVE)**  
*Panel: Drs. Yeh, Crandall, and Bates-Jensen*

2:50  
**BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

3:10  
**Clinical Pharmacy Pearls**  
*Demetra Antimisiaris, PharmD, BCGP, FASCP*

3:45  
**Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases**  
*David B. Reuben, MD*

4:20  
**PM Panel Discussion (LIVE)**  
*Panel: Drs. Antimisiaris and Reuben*

4:55  
**Board Review Session B for Physicians (LIVE)**  
*Cathy C. Lee, MD, MS*

6:40  
**ADJOURN**

Saturday, September 17, 2022

6:30  
**VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

**Geriatric Neurology/Psychiatry I**  
*Moderator: Aaron H. Kaufman, MD*

7:00  
**The Spectrum of Cognitive Dysfunction**  
*David B. Reuben, MD*

7:35  
**Pharmacological Treatment Across Dementia Syndromes**  
*Sarah Kremen, MD*

8:10  
**Psychiatric and Behavioral Symptoms in Alzheimer’s and Other Dementias**  
*Aaron H. Kaufman, MD*

9:20  
**AM Panel Discussion (LIVE)**  
*Panel: Drs. Reuben, Kremen, and Kaufman*

9:35  
**BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
What is the Board Review?

- Over 5 hours of interactive board review sessions moderated by UCLA faculty
- Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- Audience response system allows you to assess your preparation for the Geriatric Board Examinations
By Mail
Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512
By Phone - (310) 794-2620
Use your American Express, MasterCard, VISA or Discover card.

Online
Go to www.cme.ucla.edu/courses, and click on 38th Annual UCLA Intensive Course in Geriatric Medicine and Board Review. You may use your MasterCard, VISA, American Express or Discover card to register online.

By Fax - (310) 794-2624
Send the completed enrollment form with credit card information and authorizing signature.

Registration Fees

- $1,150 Physicians
- $1,025 AGS Members
- $950 Pharmacists
- $850 ASCP Members
- $850 All other allied health professionals
- $675 Indian Health Services (proof of employment required at time of registration)

*Limited scholarships are available for clinicians in underserved areas. For more information, please contact the UCLA Geriatrics Department at 310-825-8253 and reference the "Intensive Course in Geriatrics scholarship."

Refunds
Cancellations must be received in writing by Wednesday, September 7, 2022 and are subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 32 (plus 5.25 for all board review sessions) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
## 38th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

**September 14-17, 2022**  
**Course Number: M223-1**

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<td>$1,025 AGS Members</td>
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<td>$950 Pharmacists</td>
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<td>$850 ASCP Members</td>
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<td>$850 All other allied health professionals</td>
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<td>$675 Indian Health Services <em>(proof of employment required at time of registration)</em></td>
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**Please Print**

- **Name (First/Middle/Last):**
- **Last four digits of your Social Security Number:**
- **Degree(s):**
- **Specialty:**
- **Preferred Mailing Address:**
- **City/State/Zip:**
- **Email (Please Print):**
- **Phone ( )**
- **Fax ( )**

**Charge:**
- American Express
- MasterCard
- Visa
- Discover

- **Check enclosed payable to: The Regents of the University of California**
- **Card Number**
- **Expiration Mo/Yr**

**Authorizing Signature**

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**To register online, visit** [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses)
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