



27th Annual Pediatric Update

Pre-Conference: What's New in Allergy and Pulmonology 2019

July 18-20, 2019

The Frances C. Arrillaga Alumni Center, Stanford, CA

A Continuing Medical Education conference presented by the Department of Pediatrics at the Stanford University School of Medicine. Sponsored by the Stanford University School of Medicine



Stanford | MEDICINE



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Children's Health

Lucile Packard
Children's Hospital
Stanford

A Continuing Medical Education Activity



Overview

Pre-Conference:
What's New in Allergy and Pulmonology 2019
July 18, 2019

STATEMENT OF NEED

Continuous advances in clinical science require pediatricians and family physicians to obtain comprehensive, up-to-date information on a wide variety of clinical issues that may be encountered in daily practice. This course, What's New in Pediatric Allergy and Pulmonology, will focus on updates in allergy, sleep and pulmonology including clinical management strategies of pediatric conditions such as: early oral desensitization to food allergy, sleep disturbances in children and adolescents, sleep hygiene training, non-invasive ventilation for children with sleep disorders, updates on atopic dermatitis, cystic fibrosis, severe asthma in your office, and more.

TARGET AUDIENCE

This is a national program designed for:
pediatricians
family practice physicians
physician assistants
nurse practitioners
nurses
allied health professionals

27th Annual Pediatric Update
July 19-20, 2019

STATEMENT OF NEED

This CME course will provide pediatricians and family physicians with up-to-date clinical information on a wide range of clinical issues encountered in daily pediatric practice. Course highlights include an update on vaping; the advantages of a pediatric aerodigestive center; making your office transgender friendly; anxiety and depression in the adolescent; update on infant and pediatric formula; concussion and return-to-play; social media and device addiction and other topics that will be of interest to those physicians who care for children and adolescents.

TARGET AUDIENCE

This is a national program designed for:
pediatricians
family practice physicians
primary care physicians
physician assistants
nurse practitioners
nurses
allied health professionals

Additional Information

Accreditation and Designation of Credits Pre-Conference: What's New in Allergy and Pulmonology 2019

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for **AMA PRA Category 1 Credits™** (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

Accreditation and Designation of Credits 27th Annual Pediatric Update

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of **11 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for **AMA PRA Category 1 Credits™** (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

Faculty Disclosure

The Stanford University School of Medicine adheres to ACCME Criteria, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and their commercial relationships will be made prior to the activity.

Conference Location

The Frances C. Arrillaga Alumni Center

326 Galvez Street
Stanford, CA 94305

For an interactive campus map, visit

<https://campus-map.stanford.edu/>

Telephone: 650-723-2021 or 800-786-2586

Parking

Conference parking will be available in the Galvez Lot (L-96) on Thursday, July 18, and Friday, July 19. One week before the conference, parking information and a parking code will be emailed to all registered attendees. The parking code allows for a discounted rate at the Galvez Lot only. Parking will be available in the Galvez Lot on Saturday at no charge.

Special Needs

Lucile Packard Children's Hospital Stanford is committed to making its activities accessible to all individuals. If you have needs that require special accommodations, including dietary concerns, please call the CME office at (650) 498-6757 before June 6, 2019.

Accommodations

A block of rooms has been reserved at a reduced rate at the **Sheraton Palo Alto Hotel** for conference participants on a first-come, first-served basis and may sell out before **June 25, 2019**. After this date, reservations will be accepted on a space available basis and at regular resort rates.

Room Type	Room Rate
Run of the House King	\$269 per night*

*Plus taxes, occupancy and California tourism, and a Convention and Visitors Bureau Tourism fee per night. These taxes are not included in the room rate and are subject to change without notice.

Room reservations should be made directly with the **Sheraton Palo Alto Hotel** and as early as possible. Please mention "27th Annual Pediatric Update" to receive the group rate. Please call the hotel directly at **800-325-3535** or email your room request to SheratonReservations@pahotel.com and include the following: guest name, arrival/departure dates, address, phone number and name of group (27th Annual Pediatric Update). The Sheraton offers valet parking for \$25 per day, or self-parking for \$20 per day. Parking fees are subject to change.

About Lucile Packard Children's Hospital Stanford

Lucile Packard Children's Hospital Stanford is devoted entirely to the care of children and expectant mothers. Providing pediatric and obstetric medical and surgical services and associated with the Stanford University School of Medicine, Packard Children's offers patients locally, regionally and nationally a full range of health care programs and services – from preventive and routine care – to the diagnosis and treatment of serious illness and injury.

WHAT'S NEW IN ALLERGY AND PULMONOLOGY 2019

PROGRAM (subject to change)

7:00 - 8:00	Registration & Continental Breakfast
8:00 - 8:10	Welcome <i>Allergy in Pediatrics</i>
8:10 - 8:35	Atopic Dermatitis Joyce Teng, MD, PhD
8:35 - 8:50	Q&A
8:50 - 9:15	Early Oral Desensitization to Food Allergy Sean McGhee, MD
9:15 - 9:30	Q&A
9:30 - 9:55	The Gut Microbiome and the Development of Allergic Disease Ann Ming Yeh, MD
9:55 - 10:10	Q&A
10:10 - 10:25	Break <i>Pediatric Sleep Hygiene</i>
10:25 - 10:50	Sleep Disturbances in Children and Adolescents Sumit Bhargava, MD
10:50 - 11:05	Q&A
11:05 - 11:30	Sleep Hygiene Training for the Pediatric Patient Caroline U. A. Okorie, MD
11:30 - 11:45	Q&A
11:45 - 12:10	Non-Invasive Ventilation for Children with Sleep Disorders Adam Seligman, PA-C, MS, RPSGT
12:10 - 12:25	Q&A
12:25 - 1:15	Lunch <i>Pulmonary Disorders in Children</i>
1:15 - 1:40	Update on Cystic Fibrosis Carlos Milla, MD
1:40 - 1:55	Q&A
1:55 - 2:20	Management of the Infant with Bronchopulmonary Dysplasia David N. Cornfield, MD
2:20 - 2:35	Q&A
2:35 - 3:00	2-6 Year Old: Viral Associated Wheezing: To Treat or Not To Treat Eric Zee, MD
3:00 - 3:15	Q&A
3:15 - 3:30	Break
3:30 - 3:55	How to Manage Severe Asthma in Your Office Karen Hardy, MD
3:55 - 4:10	Q&A
4:10 - 4:35	The 5 W's of Referral for Infant Lung Disease John D. Mark, MD
4:35 - 4:50	Q&A
4:50 - 5:00	Evaluation and Adjourn

FACULTY

David N. Cornfield, MD

Anne T. and Robert M. Bass Professor of Pulmonary Medicine and, by courtesy, of Surgery
Director – Center for Excellence in Pulmonary Biology
Division Director – Pediatric Pulmonary, Asthma and Sleep Medicine
Department of Pediatrics
Stanford University School of Medicine
Medical Director – Respiratory Therapy,
Lucile Packard Children's Hospital Stanford
Course Director

Sumit Bhargava, MD

Clinical Associate Professor, Pediatrics – Pulmonary Medicine

Karen Hardy, MD

Clinical Professor, Pediatrics – Pulmonary Medicine

John D. Mark, MD

Clinical Professor, Pediatrics – Pulmonary Medicine

Sean McGhee, MD

Clinical Associate Professor, Pediatrics – Immunology and Allergy

Carlos Milla, MD

Clinical Professor, Pediatrics – Pulmonary Medicine

Caroline U. A. Okorie, MD

Clinical Assistant Professor, Pediatrics – Pulmonary Medicine

Adam Seligman, PA-C, MS, RPSGT

Physician Assistant – Division of Sleep and Pulmonary Medicine
Lucile Packard Children's Hospital Stanford

Joyce Teng, MD, PhD

Clinical Professor, Pediatrics – Dermatology

Ann Ming Yeh, MD

Clinical Associate Professor, Pediatrics – Gastroenterology

Eric Zee, MD

Clinical Professor, Pediatrics – Pulmonary Medicine

All faculty are with the Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford unless otherwise noted.

Pre-Conference Learning Objectives

At the conclusion of this activity, participants should be able to:

- Develop a strategy to manage a child with severe asthma in your office.
- Treat your pediatric patients presenting with atopic dermatitis using current best practice guidelines.
- Appropriately use non-invasive ventilation in children with sleep disorders.
- Counsel parents on sleep hygiene training for their children, beginning in infancy.
- Utilize early oral desensitization to food allergies in your allergic pediatric patients.

PROGRAM (subject to change):

Friday, July 19, 2019		
7:00 - 8:00	Registration & Continental Breakfast	7:00 - 8:00
8:00 - 8:10	Welcome	8:00 - 8:10
8:10 - 8:55	Keynote – Children in Crisis: Pediatrics in Areas of Violent Conflict and on the U.S. Border Paul H. Wise, MD, MPH	8:10 - 8:55
8:55 - 9:10	Q&A	8:55 - 9:10
9:10 - 9:35	Improving the Health and Well-Being of Latino Children: A Critical Agenda for California and the Nation Fernando S. Mendoza, MD	9:10 - 9:40
9:35 - 9:50	Q&A	9:40 - 9:55
9:50 - 10:15	Update on Infant and Pediatric Formula John Kerner, MD	9:55 - 10:20
10:15 - 10:30	Q&A	10:20 - 10:35
10:30 - 10:45	Break	10:35 - 10:50
10:45 - 11:10	The Use of LARC in the Adolescent Population Megen Vo, MD	10:50 - 11:15
11:10 - 11:25	Q&A	11:15 - 11:30
11:25 - 12:00	Anxiety & Depression: When is a Kid Suicidal? Shashank V. Joshi, MD, FAAP	11:30 - 11:55
12:00 - 12:15	Q&A	11:55 - 12:10
12:15 - 1:00	Lunch	12:10
1:00 - 1:35	The Upsurge of Vaping in Adolescents Bonnie L. Halpern-Felscher, PhD	
1:35 - 1:50	Q&A	
1:50 - 2:15	The Pediatric Aerodigestive Center: What is It, and Why Bother? Douglas R. Sidell, MD	
2:15 - 2:30	Q&A	
2:30 - 2:40	Transfer to Breakout Session	
2:40 - 3:40	Breakouts	
	A. How to Make Your Office Transgender Friendly Jonathan Avila, MD	
	B. Was that a Seizure? William Gallentine, MD	
3:40 - 3:55	Break & Transfer to Breakout Session	
3:55 - 4:55	Repeat Breakouts	
	A. How to Make Your Office Transgender Friendly Jonathan Avila, MD	
	B. Was that a Seizure? William Gallentine, MD	
4:55	Adjourn for the Day	

Saturday, July 20, 2019

Registration & Continental Breakfast
Announcements
Evidence-Based Approach to Neonatal and Pediatric Fever Daniel Imler, MD
Q&A
Vaccine Update 2019 Yvonne Maldonado, MD
Q&A
Concussion: Return to Play Guidelines Paul G. Fisher, MD, MHS
Q&A
Break
Common & Complex Consults in Pediatric Urology William A. Kennedy, II, MD, FAAP
Q&A
Social Media and Device Addiction Anna Lembke, MD
Q&A
Adjourn

27th Annual Update Pediatric Faculty July 19 – 20, 2019

Paul G. Fisher, MD, MHS

Professor of Neurology and Pediatrics, and by courtesy, Neurosurgery and Human Biology
Course Director

Jonathan Avila, MD

Fellow in Pediatrics – Adolescent Medicine

William B. Gallentine, MD

Clinical Professor, Neurology and Neurological Sciences

Bonnie L. Halpern-Felsher, PhD

Professor (Research) of Pediatrics (Adolescent Medicine and, by courtesy, of Health Research and Policy (Epidemiology))

Daniel Imler, MD

Clinical Assistant Professor, Emergency Medicine and Pediatrics

Shashank V. Joshi, MD, FAAP

Associate Professor of Psychiatry and Behavioral Sciences (Child and Adolescent Psychiatry and Child Development) and, by courtesy, of Pediatrics, and of Education

John Kerner, MD

Professor of Pediatrics – Gastroenterology

William A. Kennedy, II, MD, FAAP

Professor of Urology
Chief, Pediatric Urology, Lucile Packard Children's Hospital Stanford

Anna Lembke, MD

Associate Professor of Psychiatry and Behavioral Sciences and, by courtesy, of Anesthesiology, Perioperative and Pain Medicine

Yvonne Maldonado, MD

Professor of Pediatrics – Infectious Diseases and of Health Research and Policy Senior Associate Dean, Faculty Development and Diversity

Fernando S. Mendoza, MD

Professor of Pediatrics
Associate Dean of Minority Advising and Programs

Douglas R. Sidell, MD

Assistant Professor of Otolaryngology/Head and Neck Surgery (Pediatrics)
Director, Pediatric Aerodigestive Clinic
Director, Pediatric Voice and Swallowing Clinic

Megen Vo, MD

Clinical Assistant Professor, Pediatrics – Adolescent Medicine

Paul H. Wise, MD, MPH

Professor of Pediatrics – Neonatal and Developmental Medicine
Richard E. Behrman Professor of Child Health and Society
Director, Center for Policy, Outcomes and Prevention

All faculty are with the Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford unless otherwise noted.

27th Annual Pediatric Update Learning Objectives

At the conclusion of this activity, participants should be able to:

- Increase knowledge of Long Acting Reversible Contraception (LARC) and enhance skills to counsel your adolescent patients.
- Recognize an adolescent patient as a suicide risk and differentiate between an ideator and an attempter to treat or refer the patient to a specialist.
- Counsel patients and their parents on the dangers of vaping.
- Identify patients exhibiting social media and electronic device addiction and develop a strategy to counsel and treat or refer these patients.
- Develop strategies with your staff to make your office environment transgender friendly.



Lucile Packard
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Stanford



Registration

27TH ANNUAL PEDIATRIC UPDATE AND PRE-CONFERENCE

JULY 18–20, 2019

Register before July 8, 2019 by completing this enrollment application or by registering online at cme.stanfordchildrens.org. Cancellations received in writing before July 8, 2019 will be refunded less a \$50 administrative fee. No refunds will be made on cancellations received after that date. Onsite registration is subject to space availability.

Cancellation & Refund Policy

Registration fees, less a \$50.00 Administrative charge, are refundable if written cancellation is received prior to **July 8, 2019**. No refunds will be given for cancellations received after this date or for conference non-attendance. We reserve the right to cancel or postpone any activity if necessary. In such case, full refund of registration fees will be given. We are not responsible for other costs incurred such as non-refundable airline tickets or hotel penalties.

Contact Information

Stanford Children's Health CME
725 Welch Road, MC 5517
Palo Alto, CA 94304
Tel: (650) 498-6757 • Fax: (650) 497-5738
email: lpchcme@stanfordchildrens.org

REGISTRATION FORM

27th Annual Pediatric Update and Pre-Conference

July 18-20, 2019

The Frances C. Arrillaga Alumni Center

326 Galvez Street, Stanford, CA 94305

PLEASE TYPE OR PRINT:

Name _____

Specialty/Degree _____

Street Address _____

City _____ State _____ Zip _____

Business Phone _____ Fax _____

Email Address _____

Hospital/Professional Affiliation _____

Medical License # (required for credit) _____

Special Needs _____

Include me on your mailing list for future educational activities.

Meal Preference: Regular Vegetarian

PAYMENT FOR COURSE REGISTRATION: (Check appropriate charge)

Register for Both Conferences and Save!

Pre-Conference and 27th Annual Pediatric Update

	Fees Received by:	6/17/19	6/18/19 – 7/8/19
Physician		<input type="checkbox"/> \$625	<input type="checkbox"/> \$725
NP/Nurse/Allied Health Professional		<input type="checkbox"/> \$500	<input type="checkbox"/> \$550

Pre-Conference — registration fee includes tuition, course materials, continental breakfast and lunch on Thursday, July 18.

	Fees Received by:	6/17/19	6/18/19 – 7/8/19
Physician		<input type="checkbox"/> \$275	<input type="checkbox"/> \$325
NP/Nurse/Allied Health Professional		<input type="checkbox"/> \$225	<input type="checkbox"/> \$250

27th Annual Pediatric Update — registration fee includes tuition, continental breakfast, and lunch on Friday, July 19, and continental breakfast on Saturday, July 20.

	Fees Received by:	6/17/19	6/18/19 – 7/8/19
Physician		<input type="checkbox"/> \$500	<input type="checkbox"/> \$550
NP/Nurse/Allied Health Professional		<input type="checkbox"/> \$400	<input type="checkbox"/> \$425

Breakout Sessions: Registrants will be divided into two groups and assigned a breakout schedule.

TYPE OF PAYMENT:

Credit Card (Amex, Visa and MC only) — Register online at cme.stanfordchildrens.org

Check made payable to Stanford Children's Health CME

Please register and pay by credit card online OR complete this form and mail with a check to:

Stanford Children's Health CME

725 Welch Rd, MC 5517, Palo Alto, CA 94304

Tel: (650) 498-6757 • Fax: (650) 497-5738 • Email: lpchcme@stanfordchildrens.org

Contact: Lucy Garcia, CME Coordinator



Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the CME Conference Coordinator.

Tell a colleague; to register online, go to: cme.stanfordchildrens.org

Lucile Packard Children's Hospital
Continuing Medical Education
725 Welch Road
Palo Alto, CA 94304-1601

(650) 498-6757
cme.stanfordchildrens.org

A Continuing Medical Education Activity

For information on upcoming Pediatric
CME activities visit:
www.cme.stanfordchildrens.org

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