

UCLA

David Geffen School of Medicine



37th Annual
UCLA Intensive Course in

Geriatric Medicine

& Board Review

In collaboration with SCAN Health Plan



September 22-25, 2021
Live Virtual Conference



CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at UCLA

COURSE OVERVIEW

For the past 37 years, the UCLA Intensive Course in Geriatric Medicine has been a leader in providing physicians, pharmacists and other health professionals the essential knowledge and skills to care for older patients. The four-day course and board review in geriatric medicine emphasizes an evidence-based, practical and functional approach to the comprehensive care of older adults. The content and structure of the course are well-suited for health professionals who wish to enhance their ability to care for older adults, as well as for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

The 37th Annual UCLA Intensive Course is presented concurrently with the 2021 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.

- Speaker presentations and supplementary materials are provided in a PDF syllabus.
- Over five hours of optional interactive board review sessions are offered.
- Access to view recorded sessions for 3 weeks post course (not certified for CME credit).

LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Discuss key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems related to aging and formulate an approach to these problems
- Recognize the major geriatric syndromes such as dementia, delirium, incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them
- Create individualized medication regimens for medically complex older adults to address appropriate health outcomes

MESSAGE FROM CO-DIRECTORS

The rapid scientific advances in geriatric medicine and recent changes in our health care and health systems that emphasize quality of care over volume makes this the best time to be an expert in the care of older persons. The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. The course's renowned faculty will cover essential topics in both geriatric primary and specialty care. The course will be held virtually due to the restrictions on large gatherings. However, we promise plenty of interactive opportunities with faculty and peers. We are also offering registrants extended access to the lectures up to 3 weeks after the course.



DAN OSTERWEIL,
MD, FACP



SUSAN L. CHARETTE,
MD

COURSE CHAIRS



Course Co-Directors

Dan Osterweil, MD, FACP

*Vice President/Medical Director,
SCAN Health Plan
Associate Director, UCLA
Multicampus Program in Geriatric
Medicine and Gerontology
Clinical Professor of Medicine/
Geriatric Medicine**

Susan L. Charette, MD

*Health Sciences Clinical Professor of
Medicine/Geriatric Medicine**

Co-Chairs

Cathy A. Alessi, MD

*Director, Geriatric Research,
Education and Clinical Center
(GRECC) and Chief, Division of
Geriatrics, VA Greater Los Angeles
Healthcare System
Professor of Medicine/Geriatric
Medicine**

Demetra Antimisiaris, PharmD, BCGP, FASCP

*Director, Frazier Polypharmacy &
Medication Management Program
Associate Professor, University of
Louisville School of Medicine*

Aaron H. Kaufman, MD

*Health Sciences Associate Clinical
Professor, Department of Psychiatry
and Biobehavioral Sciences**

Sarah Kremen, MD

*Director, Neurobehavior Program,
Jona Goldrich Center for Alzheimer's
Disease and Memory Disorders
Department of Neurology
Cedars-Sinai Medical Center*

Cathy C. Lee, MD, MS

*Associate Clinical Professor, Internal
Medicine/Geriatric Medicine*
Staff Physician, Geriatric Research,
Education and Clinical Center
(GRECC), VA Greater Los Angeles
Healthcare System*

**David Geffen School of Medicine
at UCLA*



FACULTY

DAVID GEFFEN SCHOOL
OF MEDICINE AT UCLA

Dixie Aragaki, MD

Barbara M. Bates-Jensen, PhD, RN, FAAN

Yvette M. Bordelon, MD, PhD

Steven Castle, MD

Pejman Cohan, MD

Erin Atkinson Cook, MD

Carolyn J. Crandall, MD, MS

David A. Ganz, MD, PhD

Kevin Ghassemi, MD

Deena Goldwater, MD, PhD

Jennifer C. Haley, MD

Jason Jalil, MD

Arun S. Karlamangla, MD, PhD

Ja-Hong Kim, MD

Eric Kleerup, MD

Zhaoping Li, MD, PhD

Freny Vaghaiwalla Mody, MD

Arash Naeim, MD

Mitra Nejad, MD

Stephanie Pannell, MD, MPH

Anjay Rastogi, MD, PhD

David B. Reuben, MD

Gary Schiller, MD, FACP

Latisha Katie Sharma, MD, FAHA

Ryan Uyan, MD

Sondra Vazirani, MD, MPH

Tara Vijayan, MD

Karol E. Watson, MD, PhD

Jane E. Weinreb, MD

James Wilson, MD, MS, FACP

Angela Yeh, MD



GUEST FACULTY

David Bennett, MD

Albert Bui, MD

Tatyana Gurvich, PharmD, BCGP

Arash A. Horizon, MD

Laura Mosqueda, MD

Zaldy Tan, MD, MPH

Jürgen Unützer, MD, MPH, MA

Rebecca Yamarik, MD



PROGRAM SCHEDULE

WEDNESDAY, SEPTEMBER 22

7:00 Welcome and Introductions

Dan Osterweil, MD, FACP and Susan L. Charette, MD

GENERAL PRINCIPLES OF AGING

Moderator: Susan L. Charette, MD

7:10 Physiology of Aging

Zaldy Tan, MD, MPH

7:45 Resilience: Maximizing Momentum as We Age

Steven Castle, MD

8:20 Pharmacokinetic Considerations in Older Adults

Demetra Antimisiaris, PharmD, BCGP, FASCP

8:55 AM Panel Discussion (LIVE)

Panel: Drs. Tan, Castle, and Antimisiaris

9:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

Concurrent Sessions A and B

9:25 (Session A) Explicit Criteria and Medication Appropriateness

Tatyana Gurvich, PharmD, BCGP

9:25 (Session B) Preventative Health Care in the Geriatric Patient: What are We Trying to Prevent?

Erin Atkinson Cook, MD

10:00 Osteoporosis: An Overview

Carolyn J. Crandall, MD, MS

10:35 AM Panel Discussion (LIVE)

Panel: Drs. Gurvich, Cook, and Crandall

10:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

11:20 David H. Solomon Memorial Award Lecture: Detection and Prevention of Elder Mistreatment (LIVE)

Laura Mosqueda, MD

12:05 David H. Solomon Lecture Q&A (LIVE)

Laura Mosqueda, MD

DAVID H. SOLOMON MEMORIAL LECTURE AWARDEE

LAURA MOSQUEDA, MD



*Dean
May S. and John H. Hooval
Dean's Chair in Medicine
Professor of Family Medicine
and Geriatrics
Keck School of Medicine of
USC
USC Leonard Davis School of
Gerontology*



12:20 Icebreaker Trivia Game (LIVE) (Non-CME)

Ryan Uyan, MD

FALLS AND MUSCULOSKELETAL

Moderator: Dan Osterweil, MD, FACP

12:50 Falls: Assessment and Management

David A. Ganz MD, PhD

1:25 Geriatric Rehabilitation

Dixie Aragaki, MD

2:00 Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis

Arash A. Horizon, MD

2:35 PM Panel Discussion (LIVE)

Panel: Drs. Ganz, Aragaki, and Horizon

2:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

3:05 Nutrition Throughout the Ages

Zhaoping Li, MD, PhD

3:40 Geriatric Literature Update: 2021

Arun S. Karlamangla, MD, PhD

4:15 PM Panel Discussion (LIVE)

Panel: Drs. Li and Karlamangla

4:30 ADJOURN

“ This is about the 10th time I have attended this course and I have always learned something new and have been able to apply it to my Geriatric practice. It also is an excellent preparatory step in getting me ready to take my recertification in Geriatrics. ”

—2019 Attendee

**This course is presented in collaboration with SCAN Health Plan.*

SCAN Group is a mission-driven organization that is tackling some of the biggest issues in healthcare for older adults. The core of SCAN Group is SCAN Health Plan, one of the nation's foremost not-for-profit Medicare Advantage plans, serving more than 220,000 members in California. Independence at Home, a SCAN community service, provides vitally needed services and support to seniors and their caregivers regardless of plan membership. SCAN Group also invests in new companies to support healthier aging, offers education programs, community funding, volunteer opportunities, and other community services in support of its mission—keeping seniors healthy and independent.



THURSDAY, SEPTEMBER 23

6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

MEDICAL ISSUES IN OLDER PATIENTS, PART 1

Moderator: Cathy C. Lee, MD, MS

7:00 Common GI Issues in Older Persons

Kevin Ghassemi, MD

7:35 Prostate Disease

Stephanie Pannell, MD, MPH

8:10 Urinary Incontinence

Ja-Hong Kim, MD

8:45 AM Panel Discussion (LIVE)

Panel: Drs. Ghassemi, Pannell, and Kim

9:00 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:15 Endocrine Disorders in Older Persons

Jane E. Weinreb, MD

9:50 Chronic Kidney Diseases

James Wilson, MD, MS, FACP

10:25 AM Panel Discussion (LIVE)

Panel: Drs. Weinreb and Wilson

10:40 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

CARDIOVASCULAR CONDITIONS

Moderator: Dan Osterweil, MD, FACP

11:10 Hypertension in Older Adults

Anjay Rastogi, MD, PhD

11:45 Atrial Fibrillation

Karol E. Watson, MD, PhD

12:20 Update in the Management of Heart Failure

Freny Vaghaiwalla Mody, MD



WHAT IS THE BOARD REVIEW?

- ▶ Over 5 hours of interactive board review sessions moderated by UCLA faculty
- ▶ Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- ▶ Audience response system allows you to assess your preparation for the Geriatric Board Examinations

Cathy C. Lee, MD, MS

Moderator, Board Review A for Physicians



- 12:55 **PM Panel Discussion (LIVE)**
Panel: Drs. Rastogi, Watson, and Mody
- 1:10 **BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- 1:25 **Perioperative Assessment in the Older Patient**
Sondra Vazirani, MD, MPH
- 2:00 **Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging**
Deena Goldwater, MD, PhD
- 2:35 **PM Panel Discussion (LIVE)**
Panel: Drs. Vazirani and Goldwater
- 2:50 **Board Review Session A for Physicians**
Cathy C. Lee, MD, MS
- 4:35 **ADJOURN**

FRIDAY, SEPTEMBER 24

- 6:30 **VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- MEDICAL ISSUES IN OLDER PATIENTS, PART 2**
Moderator: Susan L. Charette, MD
- 7:00 **Type 2 Diabetes Mellitus**
Pejman Cohan, MD
- 7:35 **Hematologic Disease in the Elderly**
Gary Schiller, MD, FACP
- 8:10 **Breast, Lung, and Colon Cancer: Tips for a Longer Life**
Arash Naeim, MD
- 8:45 **Infections in the Older Persons**
Tara Vijayan, MD
- 9:20 **AM Panel Discussion (LIVE)**
Panel: Drs. Cohan, Schiller, Naeim, and Vijayan
- 9:35 **BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- 9:50 **Infectious Disease Case Studies: COVID-19 and More**
Tara Vijayan, MD
- 10:25 **Pulmonary Diseases in Older Persons**
Eric Kleerup, MD
- 11:00 **Vision Loss in the Elderly**
Mitra Nejad, MD



This is one of the best courses I have ever attended: amazing depth and breadth of topics, all helpful to my daily practice of geriatric medicine.



—2019 Attendee



PROGRAM SCHEDULE

11:35 AM Panel Discussion (LIVE)

Panel: Drs. Vijayan, Klerup, and Nejad

12:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

COMMON GERIATRIC ISSUES

Moderator: Cathy A. Alessi, MD

12:40 Geriatric Pain Management

Angela Yeh, MD

1:15 Palliative Care in the Older Patient

Rebecca Yamarik, MD

1:50 Assessing and Managing Pressure Ulcers

Barbara Bates-Jensen, PhD, RN, FAAN

2:35 Geriatric Dermatology

Jennifer C. Haley, MD

3:10 PM Panel Discussion (LIVE)

Panel: Drs. Yeh, Yamarik, Bates-Jensen, and Haley

3:25 BREAK/MEDITATION SESSION (Non-CME)

3:45 Clinical Pharmacy Pearls

Demetra Antimisiaris, PharmD, BCGP, FASCP

4:20 Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases

David B. Reuben, MD

4:55 PM Panel Discussion (LIVE)

Panel: Drs. Antimisiaris and Rueben

5:10 Board Review Session B for Physicians (LIVE)

Albert Bui, MD

6:55 ADJOURN

ARTHUR C. CHERKIN
MEMORIAL LECTURE AWARDEE

DAVID BENNETT, MD



*Director, Rush Alzheimer's
Disease Center
Robert C. Borwell Professor
of Neurological Science,
Department of Neurological
Sciences, Rush Medical
College*



SATURDAY, SEPTEMBER 25

6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

GERIATRIC NEUROLOGY/PSYCHIATRY I

Moderator: Aaron H. Kaufman, MD

7:00 **The Spectrum of Cognitive Dysfunction**

David B. Reuben, MD

7:35 **Pharmacological Treatment Across Dementia Syndromes**

Sarah Kremen, MD

8:10 **Psychiatric and Behavioral Symptoms in Alzheimer's and Other Dementias**

Aaron H. Kaufman, MD

8:45 **Sleep Problems in Older People**

Cathy A. Alessi, MD

9:20 **AM Panel Discussion (LIVE)**

Panel: Drs. Reuben, Kremen, Kaufman, and Alessi

9:35 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:50 **Arthur C. Cherkin Memorial Award Lecture: Roadmap to Personalized Medicine for Dementia (LIVE)**

David Bennett, MD

10:35 **Arthur C. Cherkin Lecture Q&A (LIVE)**

David Bennett, MD

GERIATRIC NEUROLOGY/PSYCHIATRY II

Moderator: Aaron H. Kaufman, MD

10:50 **Treatment of Parkinson's Disease in the Geriatric Population**

Yvette M. Bordelon, MD, PhD

11:25 **Ischemic Stroke: Treatment and Prevention**

Latisha Katie Sharma, MD, FAHA

12:00 **Anxiety Disorders in the Elderly**

Jason Jalil, MD

12:35 **PM Panel Discussion (LIVE)**

Panel: Drs. Bordelon, Sharma, and Jalil

12:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

1:20 **Advances in Treatment and Management of Late-Life Depression**

Jurgen Unützer, MD, MPH, MA

1:55 **Closing Remarks**

Dan Osterweil, MD, FACP and Susan L. Charette, MD

2:05 **Board Review C for Physicians (LIVE)**

Sarah Kremen, MD

3:50 COURSE ADJOURN

ENROLLMENT

By Mail

Use the form attached. Mail to the **UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review**, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

By Phone - (310) 794-2620

Use your American Express, MasterCard, VISA or Discover card.

Online

Go to www.cme.ucla.edu/courses, and click on **37th Annual UCLA Intensive Course in Geriatric Medicine and Board Review**. You may use your MasterCard, VISA, American Express or Discover card to register online.

By Fax - (310) 794-2624

Send the completed enrollment form with credit card information and authorizing signature.

REGISTRATION FEES

- \$1,150 Physicians
- \$1,025 AGS Members
- \$950 Pharmacists
- \$850 ASCP Members
- \$850 All other allied health professionals
- \$675 Indian Health Services (*proof of employment required at time of registration*)

REFUNDS

Cancellations must be received in writing by Wednesday, September 8, 2021 and are subject to a \$75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 30 (*plus 5.25 for all board review sessions*) **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

DISCLOSURE STATEMENT

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

MAIL-IN REGISTRATION FOR

37TH ANNUAL UCLA INTENSIVE COURSE IN GERIATRIC MEDICINE & BOARD REVIEW

September 22-25, 2021

Course Number: M212-6

37 th Annual UCLA Intensive Course in Geriatric Medicine & Board Review	Registration Fee
\$1,150 Physicians	
\$1,025 AGS Members	
\$950 Pharmacists	
\$850 ASCP Members	
\$850 All other allied health professionals	
\$675 Indian Health Services (<i>proof of employment required at time of registration</i>)	

Please Print

Name (First/Middle/Last)

Last four digits of your
Social Security Number

Degree(s)

Specialty

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City/State/Zip

Email (Please Print)

()

Phone

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Fax

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Charge: American Express MasterCard Visa Discover

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Authorizing Signature

- FAX -
Fax, with credit card number and
expiration date, directly to our
office at: 310-794-2624

- OR MAIL TO -
Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
UCLA Intensive Course in Geriatric Medicine & Board Review
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

To register online, visit www.cme.ucla.edu/courses

UCLA OFFICE OF CONTINUING MEDICAL EDUCATION

David Geffen School of Medicine at UCLA
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