



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

Approaching Eating Disorders with Cultural Humility

Rose Steele

Tribal affiliations: Elem, Yokayo Tribe of Northern

California, Kanaka Maloi

Kno'Qoti Native Wellness, Inc

Native American Cultural Practitioner

August 11, 2022



1

Rose Steele

- Rose is a member of the Elem, Yokayo tribes of Northern California as well as Kanaka Maloi of Hawai'i. She currently works at Kno'Qoti Native Wellness, Inc. as a Cultural Practitioner serving her community at Lake County and Lake County Tribal Health.



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

2

Disclosure Statement

- Faculty Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.
- There is no commercial interest support for this educational activity.

Disclaimer

The views expressed in this presentation are those of the speaker and do not necessarily represent the views, policies, and positions of the Indian Health Service (IHS), or the U.S. Department of Health and Human Services (HHS).



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®



3

Learning Objectives

At the end of this presentation, participants will be able to:

- Recognize the protective nature of early engagement in culture and integration of cultural perspective in primary care clinics can promote resilience
- Acquire an understanding of how cultural practitioners integrated into tribal clinics can assist clinicians in addressing Eating Disorders

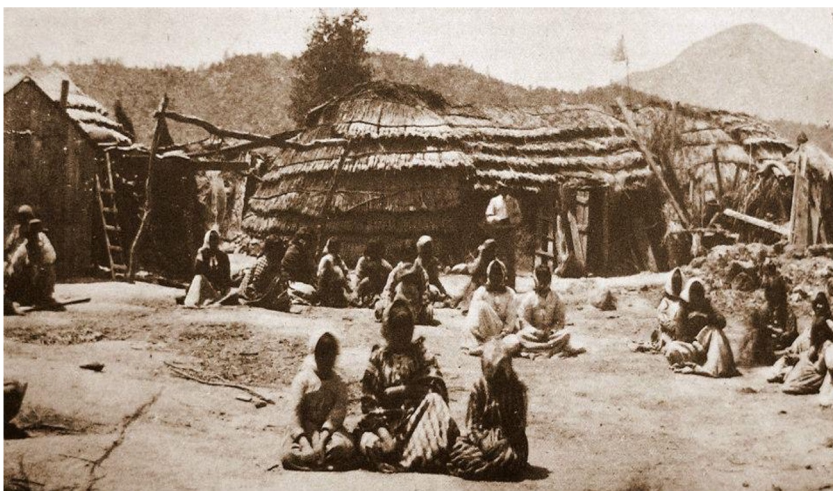


CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®



4

Food Sovereignty



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

5

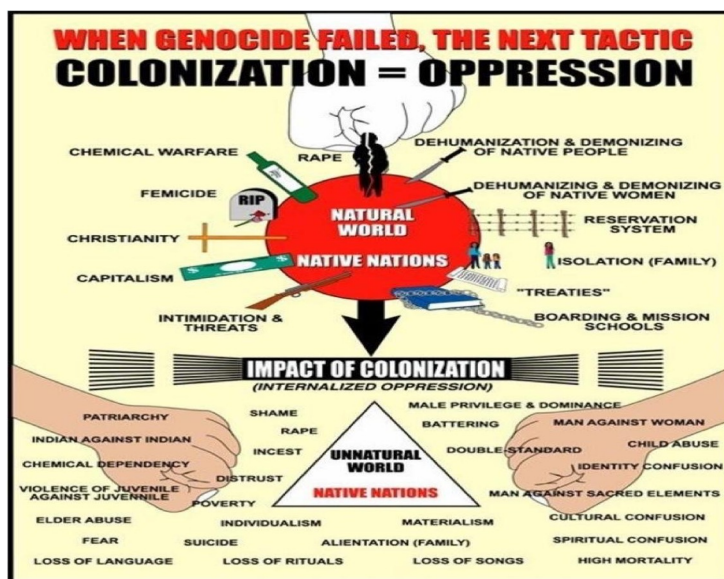
Food Sovereignty



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

6

What Broke Our World?



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

7

Early Cultural Engagement



Honoring cultural practices from birth moon time.



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

8

Focus on Body Positivity



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

9

References

- Lake County Museum (photographs)
- Andrew Newhouse, Colonization



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

10

Presenter Contact Information

Rose Steele
Kno'Qoti Native Wellness, Inc
rsteele@wenewellness.org
Rsteele@knwi.org



CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®