Avein Saaty-Tafoya, MD



Avein Saaty-Tafoya is currently the CEO of AST Consulting LLC providing strategic leadership, operations, & redesign management advisory services to a number of health care, academic, and healthcare architecture & design clients across the US and in Canada. She is also an independent board director and serves on several not-for-profit, foundation, and Corporate Boards. She has helped guide innovation and execution of technology solutions, capital projects, sustainability and resiliency plans during the COVID-19 pandemic sharing best practices among the health systems and other businesses that have engaged with her.

Previously, she served as the President & CEO of Adelante Healthcare

from 2006-2019. Over her career, she has worked with Community Health Centers, Primary Care Associations, Hospitals, and Health Plans in progressive executive roles since 2001. As an artist and humanitarian, her mission has been to advocate for health care equality and access to care for all. The health center movement has allowed her an opportunity to apply her education, interests, and experiences in medicine, primary care, public health, business administration, health policy, advocacy, the arts and evidence-based healthcare architecture and design in order to transform health systems, establish sustainable environments of care, and champion an engaged employee culture in order to make a meaningful difference in the lives of the underserved. Her innovative health centers of the future still stand as award-winning examples of sustainability and patient-centered care shared openly with the health center movement so everyone in the industry may benefit from her best practices and lessons learned.

She was a Director for Clinical Programs at both the Ohio and Arizona Primary Care Associations and served as past President of the Arizona Association of Community Health Centers Board of Directors. She was elected as the Region IX representative to the National Association of Community Health Centers Board of Directors and served as co-Chair of the Farmworker Health Committee, and as a member of the Health Policy, and Clinical Practice Committees.

She has served on the Steering Committee for the AT Still University Southwest College of Osteopathic Medicine in Arizona establishing a Community Campus at Adelante Healthcare for medical students since 2008. She was a Trustee on the Board of Directors for the Southwest College of Naturopathic Medicine advancing integrative care. Additionally, she served on the Region IX Western Clinicians Network Board of Directors.

She has served on the Board of Directors of the Greater Phoenix Chamber of Commerce and on the Executive Committee of the Valley of the Sun United Way Board of Directors and Tocqueville Society. She served on the Flinn Foundation Board of Directors and was a cofounder and member of the Park Development & Conservancy Board of Directors for Wellspring, a Health and Well-being Park in Goodyear, AZ. She also serves on the Board of Directors of the Center for Health Care Design, having been awarded the Health Care Design National Changemaker Award in 2014.

Additionally, she was a Virginia Piper Charitable Trust 2010 Fellow (a fellowship sabbatical within which she completed her studies of sustainability and certification in Evidence-Based Design) She was recognized in Valley Leadership Class 30, in the Phoenix Business Journal 2011 Forty Under 40, and as a 2012 Athena Award Public Sector Finalist and Outstanding Woman in Business. Her daily practices include yoga (She is a certified Yoga Alliance Teacher), meditation, painting, hiking and most enjoyably, being a soccer mom to her sons Maxwell (16) and Tyson (11)