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Stanford MEDICINE

Speaker: Rachel E Herdes, DO

Date/Time: 12/9/2026 12:00:00 PM

Location Stanford Children's Health

Title: Pediatric Gastroenterology Noon Lectures - obesity medicine/medication management

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Learning Objectives
After participating in this regularly scheduled series, participants should be able to:

1 Critically review current consensus guidelines and recent medical literature for common GI and liver disorders

2 Analyze patient safety, quality of care, and health disparities gaps for specific populations to guide improvements to care delivery. patient

3 Engage in discussion of best practices in both the delivery of clinical care and the education of providers who deliver clinical care.

4 Highlight emerging research in the subspecialty fields of pediatric gastroenterology, hepatology, and nutrition to promote the dissemination of new knowledge.

Accreditation
In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation
American Medical Association (AMA)
Stanford Medicine designates this live activity for a maximum of 1.00 ***AMA PRA Category 1 Credits™***. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement
Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the Departmental RSS Coordinator.

Cultural and Linguistic Competency
The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health Portal: http://lane.stanford.edu/portals/cultural.html

For more information, please contact
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Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Marwa Abu, MD	Course Director and Reviewer	Nothing to disclose - 07/14/2026
Leina Samir Alrabadi, MD	Planner and Reviewer	Nothing to disclose - 07/20/2026
Brittany Bristoll, MA	Planner	Nothing to disclose - 06/23/2026
Megan Christofferson, BA	Planner	Nothing to disclose - 07/20/2026
Shanaz M Daneshdoost, MD	Planner	Nothing to disclose - 07/22/2026
Rachel E Herdes, DO	Faculty	Nothing to disclose - 02/27/2026
Shikib Mostamand, MD	Co-Course Director and Reviewer, Reviewer	Nothing to disclose - 07/21/2026
Kevin Ratnasamy, MD	Planner	Nothing to disclose - 07/21/2026
Carolena Trocchia, MD	Planner	Nothing to disclose - 07/01/2026

For complete activity disclosure information please visit: https://stanford.cloud-cme.com/course/rsslisting?p=400

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