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Stanford MEDICINE

Speaker: Christine Schirmer, EdD

Date/Time: 12/15/2026 8:00:00 AM

Location A Live Webinar

Title: Giving talk on Giving and Receiving Feedback - 12/22/2026

Learning Objectives
After participating in this regularly scheduled series, participants should be able to:

1 Understand the fundamental principles of palliative care, including its holistic approach to addressing physical symptoms, psychological distress, spiritual concerns, and practical aspects of life for individuals facing serious illnesses and their families.

2 Identify opportunities to improve patient care and symptom management with in the field of palliative care

3 Enhance necessary skills to effectively alleviate and manage a range of symptoms associated with serious illnesses, including both physical symptoms and psychological distress.

4 Explore the latest research and evolving practice guidelines to stay informed on best practices in symptom management within the context of palliative care.

5 Integrate strategies for offering assistance with practical aspects of life to enhance the overall well-being of patients and their support systems.

Accreditation
In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation
American Medical Association (AMA)
Stanford Medicine designates this live activity for a maximum of 1.00 ***AMA PRA Category 1 Credits™***. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement
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Cultural and Linguistic Competency
The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health

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Portal: http://lane.stanford.edu/portals/cultural.html

Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Shaina Roberts, MSW	Planner	Nothing to disclose - 08/06/2026
Jonathan M Roselman, MD	Course Director and Reviewer	Nothing to disclose - 07/20/2026
Christine Schirmer, EdD	Faculty	Nothing to disclose - 09/14/2026
Marissa St. Joan, PA	Planner	Nothing to disclose - 08/21/2026

For complete activity disclosure information please visit: https://stanford.cloud-cme.com/course/rsslisting?p=400

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