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Speaker: Sadiya S Khan, MD

Date/Time: 12/17/2026 8:00:00 AM

Location Falk Building

Title: Defining a Novel Ages and Stages Framework to Optimize Cardiovascular Health for Girls and Women - 12/17/2026

Learning Objectives
After participating in this regularly scheduled series, participants should be able to:

1 Discuss the rationale for the development of the Female Life Stage approach for management and prevention of CVD

2 Identify the unique and distinct Female Life Stages (S1-S4)

3 Describe how hormonal, psychosocial, and cardiovascular health are interconnected in girls and women within each Female Life Stage across the life course

4 Discuss next steps and future directions for female specific life course care and research

Accreditation
In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation
American Medical Association (AMA)
Stanford Medicine designates this live activity for a maximum of 1.00 ***AMA PRA Category 1 Credits™***. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement
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Cultural and Linguistic Competency
The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health Portal: http://lane.stanford.edu/portals/cultural.html

For more information, please contact
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Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Miguel Franquiz, MD	Planner and Reviewer	Nothing to disclose - 09/10/2026
Sadiya S Khan, MD	Faculty	Nothing to disclose - 11/02/2026
David Joel Maron, MD	Course Director	Independent Contractor (included contracted research)-Johnson & Johnson|Membership on Advisory Committees or Review Panels, Board Membership, etc.-New Amsterdam|Grant or research support-Omada Health (Relationship has ended)|Grant or research support-Heartflow|Grant or research support-Cleerly|Consulting Fee-Scilex (Relationship has ended)|Consulting Fee-Regeneron (Relationship has ended)|Stocks or stock options, excluding diversified mutual funds-Ablative Solutions|Stocks or stock options, excluding diversified mutual funds-Heartflow - 07/20/2026
Stefan Torelli, MD	Planner and Reviewer	Nothing to disclose - 07/30/2026

For complete activity disclosure information please visit: https://stanford.cloud-cme.com/course/rsslisting?p=400

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