

Sponsored by:



Speaker: Boris D Heifets, MD, PhD; Carolyn Rodriguez, MD, PhD; Peter Johannes Van Roessel, MD; Keara E Valentine, PsyD

Date/Time: 10/23/2025 12:00:00 PM

Location

Title: Psychiatry Grand Rounds - Psychiatry Grand Rounds - Carolyn Rodriguez, MD, PhD, Peter van Roessel, MD, PhD, Boris Heifets, MD, PhD and Keara Valentine, PsyD Catalyst for Change: Designing Rigorous Trials of Novel Therapeutics and Cognitive Behavior Therap

Learning Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Present critical analysis of current practice patterns, updates from emerging research, and evidence based practice guidelines and translate these into clinical practice and improved quality of care.
- 2 Develop treatment plans for patients diagnosed with mental health disorders integrating psychopharmacologic, psychotherapeutic, psychosocial and neuromodulatory interventions.
- 3 Develop collaborative partnerships with leading experts from varying modalities of practice, specialties and professions with the goal of improving mental health awareness and services.

Accreditation

In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement

Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the Departmental RSS Coordinator.

Cultural and Linguistic Competency

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health Portal: <http://lane.stanford.edu/portals/cultural.html>

For more information, please contact
Romola Breckenridge, Elizabeth Kortenkamp
romola@stanford.edu, ekortenk@stanford.edu

Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Janani Venugopalakrishnan, MD	Planner	Nothing to disclose - 09/25/2025
Peter Johannes Van Roessel, MD	Faculty, Planner	Nothing to disclose - 09/22/2025
Allison L Thompson, PhD	Planner	Nothing to disclose - 09/04/2025
Alan K Louie, MD	Co-Course Director and Reviewer	Nothing to disclose - 09/30/2025
Lawrence Kwok-Kit Fung, MD	Co-Course Director	Paid consultant-Sage Therapeutics (Relationship has ended) - 10/01/2025
William Faustman, PhD	Planner	Nothing to disclose - 09/04/2025
Sharon E Williams, PhD	Planner	Nothing to disclose - 09/25/2025
Steven E Lindley, MD, PhD	Planner	Nothing to disclose - 09/07/2025
Mari Kurahashi, MD	Planner	Advisor-Brightside - 09/04/2025
Kristin Sharmila Raj, MD	Planner	Nothing to disclose - 09/04/2025
Debra Lee Kaysen, PhD	Planner	Stock options in a privately held company-NEMA health (Relationship has ended) Honoraria-Prime for Life (Relationship has ended) - 09/17/2025
Shannon Wiltsey Wiltsey Stirman, PhD	Planner	Nothing to disclose - 09/11/2025
Joseph Bankman, JD	Planner	Nothing to disclose - 09/29/2025
Boris D Heifets, MD, PhD	Faculty	Advisor-Osmind Advisor-Journey Clinical Consulting Fee-Arcadia Medicine Stocks or stock options, excluding diversified mutual funds-Osmind Stocks or stock options, excluding diversified mutual funds-Journey Clinical Consulting Fee-

For more information, please contact
Romola Breckenridge, Elizabeth Kortenkamp
romola@stanford.edu, ekortenk@stanford.edu

Sponsored by:



		Tactogen, LLC - 09/30/2025
Bruce Arnow, PhD	Planner	Nothing to disclose - 09/30/2025
Carolyn Rodriguez, MD, PhD	Faculty	Grant or research support-Biohaven Pharmaceuticals Membership on Advisory Committees or Review Panels, Board Membership, etc.- Biogen (Relationship has ended) Consulting Fee-Biohaven Pharmaceuticals Consulting Fee-Osmind - 10/01/2025
Keara E Valentine, PsyD	Faculty	Nothing to disclose - 10/03/2025
Matthew Jacobs, DO	Planner	Nothing to disclose - 09/03/2025
Karen Parker, PhD	Planner	Nothing to disclose - 08/14/2025
Aaron Lulla, MD, PhD	Planner	Consulting Fee-Micro1 - 09/29/2025

For complete activity disclosure information please visit: <https://stanford.cloud-cme.com/course/rsslisting?p=400>

**For more information, please contact
Romola Breckenridge, Elizabeth Kortenkamp
romola@stanford.edu, ekortenk@stanford.edu**