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Speaker: Julie Weitlauf, PhD

Date/Time: 11/10/2025 7:30:00 AM

Location A Live Webinar

Title: OB/GYN Grand Rounds - Cognitive Behavioral Therapy for Menopause

Learning Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Analyze emerging clinical practice guidelines in order to incorporate best practices into the care and management of our patients.
- 2 Recognize the complexity and needs of the patient population in OB/GYN and engage in compassionate patient centered care.
- 3 Identify and apply strategies to foster inclusive, accessible, equitable and ethical environments in training, research and healthcare delivery.

Accreditation

In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement

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Cultural and Linguistic Competency

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health

Portal: <http://lane.stanford.edu/portals/cultural.html>

For more information, please contact
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Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Daychin Campbell	Planner	Nothing to disclose - 08/12/2025
Erica Pasciullo Cahill, MD	Course Director and Reviewer	Nothing to disclose - 08/25/2025
Lusine Aghajanova, MD	Planner	Advisor-Orchid Health Advisor-Kompass diagnostics - 08/15/2025
Amy E Judy, MD	Planner	Nothing to disclose - 08/19/2025
Babak Litkouhi, MD	Planner	Nothing to disclose - 08/18/2025
Y. Katherine Bianco, MD	Planner	Grant or research support-Seracare LGC Royalties or Patent Beneficiary-Sercare - 09/03/2025
Cynthia Lynn DeTata, MD	Planner	Nothing to disclose - 08/06/2025
Julie Weitlauf, PhD	Faculty	Nothing to disclose - 07/18/2025
Nichole Tyson, MD	Planner	Nothing to disclose - 08/14/2025
Metabel Markwei, MD, ScM	Planner	Nothing to disclose - 08/19/2025

For complete activity disclosure information please visit: <https://stanford.cloud-cme.com/course/rsslisting?p=400>

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