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**Speaker:** Tamzen Hull, LCSW

**Date/Time:** 11/18/2025 8:00:00 AM

**Location** A Live Webinar

**Title:** Supporting Seriously Ill Adults with Dependent Children - 11/25/2025

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### **Learning Objectives**

After participating in this regularly scheduled series, participants should be able to:

- 1 Understand the fundamental principles of palliative care, including its holistic approach to addressing physical symptoms, psychological distress, spiritual concerns, and practical aspects of life for individuals facing serious illnesses and their families.
- 2 Identify opportunities to improve patient care and symptom management within the field of palliative care
- 3 Enhance necessary skills to effectively alleviate and manage a range of symptoms associated with serious illnesses, including both physical symptoms and psychological distress.
- 4 Explore the latest research and evolving practice guidelines to stay informed on best practices in symptom management within the context of palliative care.
- 5 Integrate strategies for offering assistance with practical aspects of life to enhance the overall well-being of patients and their support systems.

### **Accreditation**

In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Credit Designation**

#### **American Medical Association (AMA)**

Stanford Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Accessibility Statement**

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### **Cultural and Linguistic Competency**

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health

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Portal: <http://lane.stanford.edu/portals/cultural.html>

**Mitigation of Relevant Financial Relationships**  
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Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Tamzen Hull, LCSW	Faculty	Nothing to disclose - 11/04/2025
Helen Sun, MD	Course Director and Reviewer	Nothing to disclose - 07/17/2025
Jocelyn Jiao, MD	Planner	Nothing to disclose - 06/16/2025
Mike Polisso, LCSW	Planner	Nothing to disclose - 08/14/2025
Marissa Miller, PA	Planner	Nothing to disclose - 08/22/2025

For complete activity disclosure information please visit: <https://stanford.cloud-cme.com/course/rsslisting?p=400>

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