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Speaker: Erin D Michos, MD

Date/Time: 2/5/2026 8:00:00 AM

Location Falk Building

Title: "Lipids and Lp(a) in Women Throughout the Lifespan: The role of female sex and hormones on levels and management" Cardiology Grand Rounds - 2/5/2026

Learning Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Identify women at risk for ASCVD who would be candidates for LDL-C lowering therapy, including the recognition of familial hypercholesterolemia
- 2 Understand the role of non-statin therapy for LDL-C lowering if desired LDL-C threshold cannot be achieved with maximally tolerated statin alone
- 3 Understand the influence of female-specific conditions such as PCOS, pregnancy, menopause and hormone therapy on the lipid panel and Lp(a)

Accreditation

In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this live activity for a maximum of 1.00 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement

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Cultural and Linguistic Competency

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health

Portal: <http://lane.stanford.edu/portals/cultural.html>

For more information, please contact
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Mitigation of Relevant Financial Relationships

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Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
David Joel Maron, MD	Course Director	Independent Contractor (included contracted research)-Johnson & Johnson Membership on Advisory Committees or Review Panels, Board Membership, etc.-New Amsterdam Grant or research support-Omada Health Grant or research support-Heartflow Grant or research support-Clearly Consulting Fee-Scilex (Relationship has ended) Consulting Fee-Regeneron (Relationship has ended) Stocks or stock options, excluding diversified mutual funds-Ablative Solutions - 06/30/2025
Erin D Michos, MD	Faculty	Advisor-AstraZeneca Advisor-Bayer Corporation Advisor-Boehringer Ingelheim Vetmedica GmbH Advisor-Novartis AG Advisor-Novo Nordisk Advisor-New Amsterdam Advisor-Merck and Company, Inc. Advisor-Esperion Advisor-Edwards Lifesciences LLC Advisor-Arrowhead Advisor-Ionis Advisor-Pfizer, Inc. (Relationship has ended) - 12/06/2025
John Tanaka, MD	Planner and Reviewer	Nothing to disclose - 06/30/2025
Elena Vasti, MD	Planner and Reviewer	Nothing to disclose - 09/24/2025

For complete activity disclosure information please visit: <https://stanford.cloud-cme.com/course/rsslisting?p=400>

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