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Speaker: Donald M Lloyd-Jones, MD, MS

Date/Time: 1/26/2023 8:00:00 AM

Location

Title: Life's Essential 8: Cardiovascular Health and Healthy Longevity

Learning Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Define cardiovascular health and its 8 metrics
- 2 Describe the means for measuring cardiovascular health and monitoring it over time
- 3 Use strategies and tools to assist patients with improving their cardiovascular health

Accreditation

In support of improving patient care, Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accessibility Statement

Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the Departmental RSS Coordinator.

Cultural and Linguistic Competency

The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area for the purpose of complying with California Assembly Bill 1195. Moreover, the Stanford University School of Medicine Multicultural Health Portal contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the Multicultural Health

Portal: <http://lane.stanford.edu/portals/cultural.html>

Mitigation of Relevant Financial Relationships

Stanford Medicine adheres to the Standards for Integrity and Independence in Accredited Continuing Education.

For more information, please contact

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Disclosure of faculty and their financial relationships are provided in the table below. All of the relevant financial relationships listed for these individuals have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
David Joel Maron, MD	Course Director	Nothing to disclose - 05/25/2022
Donald M Lloyd-Jones, MD, MS	Faculty	Nothing to disclose - 01/24/2023
Ramzi Dudum, MD, MPH	Planner and Reviewer	Consulting Fee-Hims, inc. - 05/01/2022
Kaylin Nguyen, MD	Planner and Reviewer	Nothing to disclose - 04/21/2022

For complete activity disclosure information please visit: <https://stanford.cloud-cme.com/course/rsslisting?p=400>

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