Stanford Health Care, Department of Rehabilitation Services presents:

Competency Based Vestibular Rehabilitation Course (Intermediate Level)

March 7, 2026 (virtual) & March 21-22, 2026 (in-person)

Stanford Medicine, Li Ka Shing Center for Learning and Knowledge (LKSC)
291 Campus Drive, 1st Floor, Room LK101/102, Stanford, CA 94305

COURSE OVERVIEW:

This is a didactic and practical intermediate level vestibular course taught by world renowned experts Professor Michael Schubert from John Hopkins University and Professor Susan Whitney from University of Pittsburgh. This course is designed for Physical and Occupational therapists with some previous experience evaluating and treating patients with vestibular disorders. It is also appropriate for experienced therapists looking to expand their knowledge and cement their hands-on skills.

Prerequisites are completion of previous vestibular course or structured vestibular training program at your work

REGISTRATION VIA CLOUD CME:
stanford.cloud-cme.com/vestibular2026

COST:
General Registration $950
SHC Employees (limited) $850

Early Bird discount code DIZZYBIRD for $100 off (ends Jan 1, 2026)

CE Provider: Stanford Health Care

16.8 Contact Hours Approved for California
Physical Therapists and Occupational Therapists

CONTACT: TAYLORGREEN@STANFORDHEALTHCARE.ORG

LEARNING OBJECTIVES:
At the conclusion of this activity, learners should be able to:

* Understand the clinical scenarios that warrant referral to a physician provide
* Identify various classes of medications that may be helpful in the management of symptoms of persons with either central or peripheral vestibular disorders.
* Have a functional understanding of the vestibular anatomy and physiology
* Understand the value of the HINTs, HINTs plus, STANDING, PCI, TITRATE and ATTEST to guide in better understanding the medical diagnosis of persons with central and peripheral vestibular dysfunction.
* Understand the difference in effectivity of commonly utilized medications to reduce dizziness that have minimal evidence compared to those with optimal efficacy.
* Apply clinical skills to treat peripheral and central vestibular hypofunction as well as benign paroxysmal positional vertigo, and non-vestibular forms of dizziness
* Identify pathological eye movement implicating the vestibular systems
* Identify pathological eye movement implicating the oculomotor systems
* Utilize tests and measures for managing patients with vestibular disorders

Course Summary:
This course is the hybrid format. Learners will participate in a half-day virtual format preceding the in-person weekend long course. The in-person weekend includes skill learning, case-based discussion, lecture, and competency tests to prove your hands on skills in updated tests and treatments, eye movement video exam, and case-based written exam. Attendance of the entire course is required. Successful participants will receive two certificates of course – completion of the course for continued education hours, and intermediate level competency in vestibular rehabilitation. Of note, there is no governing organization or standard in vestibular rehabilitation competency certificates. Please use the certification mindfully and be proud of your effort for updated knowledge and skills in clinical care.

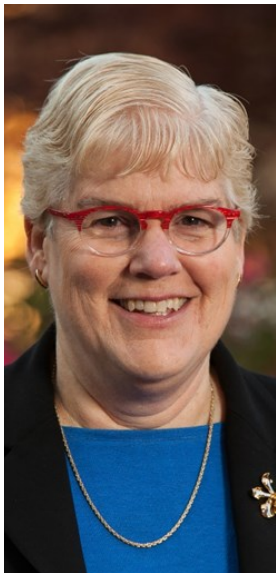
Phase I: (Virtual) Asynchronous March 7, 2026
8:00 – 8:30 Anat/Phys
8:30 – 9:15 Eye Movement Video Exam Refresher
9:15 – 9:30 Break
9:30 – 10:50 Case Examples of Common Pathologies and management (AUVH, mTBI, complicated BPPV, PPPD, Migraine)
10:50 – 11:50 Rehab considerations for use of medications
11:50 – 12:00 Break
12:00 – 12:30 Question and Answer Live

Phase II: In Person
DAY 1 March 21, 2026
7:30 Registration/ Breakfast
8:00 Introduction & Course Organization
8:15 Review and Practice: Oculomotor Examination (6 canal HIT, SN penlight, GEN, Pursuit, Saccade, VORc, Head shake, vibration, Bow and Lean, counter roll)
9:30 Split Group Case Based Lecture/Problem Solve BPPV (pSCC and hSCC)
10:30 BREAK (Snacks Provided)
10:45 Lab: BPPV (pSCC and hSCC)
12:00 LUNCH (on your own)
1:00 Split Group Case Based Lecture/Problem Solve: Video Eye Movement Analysis (hypofunction), Migraine, 3PD, concussion
2:45 BREAK (Snacks Provided)
3:00 LAB Treatment (Gaze stability, Balance/Gait stability, habituation)
4:00 Adjourn

DAY 2 March 22, 2026
7:30 Registration/ Breakfast
8:00 Acute Care / ED Rehabilitative Management of Vertigo
9:00 Question and Answer
9:30 Break
9:45 Skills check-off (BPPV Dx/Rx, Oculomotor)
12:00 LUNCH (on your own)
1:00 Video exam
2:00 BREAK
2:30 Written Exam
4:00 Adjourn

Meet the Speakers

Michael C. Schubert, PT, PhD, FAPTA is Professor in the Department of Otolaryngology Head and Neck Surgery with a joint appointment in Physical Medicine and Rehabilitation at Johns Hopkins University. He completed his PhD at the University of Miami and a post-doctoral fellowship at Johns Hopkins. Dr. Schubert is supported by the Department of Defense, the NIH and NASA. His clinical focus is treating gaze and gait instability in people with loss of vestibular sensation. His current research investigates differences in motor learning in the vestibulo-ocular reflex considering dosing and using different types of error signals. Dr. Schubert has authored or coauthored over 100 articles.



Susan L. Whitney, DPT, PhD, NCS, ATC, FAPTA received her PhD in motor development/motor learning from the University of Pittsburgh and her professional physical therapy education from Temple University in Philadelphia, PA. Currently, she is a professor in physical therapy in the School of Health and Rehabilitation Sciences, in the Department of Otolaryngology and the Center for Clinical and Translational Sciences at the University of Pittsburgh. Dr. Whitney is supported by the Department of Defense and the NIH to develop technology for persons with vestibular disorders and to study exercise dosage. Dr. Whitney has authored or coauthored over 150 articles on Medline and is currently engaged in research related to concussion, psychosocial factors that affect recovery, vibrotactile inputs as a rehab aide for recovery of postural control, virtual reality, and technology to monitor patient compliance and knowledge of results and performance for persons performing their exercise program.